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Aussie Rules Drills.

Aim: This drill is designed to make practice fun and competitive.

Instructions: Follow the steps that are outlined below.

Step One: Set up “aussie rules” style goals (goal post 10m apart, point posts 5m from goal posts).

Step Two: 10 points are scored for a goal, 5 points for a behind and 0 points for out of bounds.

Step Three: There is no limit to the games that you can play using these goals as your target. Some are listed below.

Games:

- 10 ball aussie rules test – score from 10 shots.
- 20 ball 2 ball best ball test – hit two shots and take the best score – 10 rounds.
- 20 ball 2 ball worst ball test – hit two shots and take the worst score – 10 rounds.
- 9/18 hole match play – individual or team competition.
- 9/18 hole 2 ball best ball match play.
- 9/18 hole 2 ball worst ball match play.

Notes: This game is designed to make practice fun and as much like competition as possible. This will assist you in taking your practice fairway golf onto the golf course.