

LIKE MENTAL HEALTH

SUPERVISION PACKAGES FOR HUMAN SERVICE ORGANISATIONS

IPSWICH OR BRISBANE REGIONS.

Supervision is an evidenced based and professional development activity that supports people working in the human service sector to achieve the best possible outcomes for their clients and for the organisation that they work for as a whole. Many organisations provide in-house line management supervision or they support workers to access external supervision. Regardless, participating in supervision is considered best practice within the helping industry.

Bronwyn Morris from Like Mental Health has had much experience providing both external individual supervision along with supervising staff within an organisational context. In addition Bronwyn has facilitated numerous peer supervision groups and provided training for people from counselling, social work, human service and chaplaincy backgrounds. Inclusive in this is Bronwyn's experience in supporting people working in organisations who offer services to children and young people, adults with disabilities, her specialty being mental health, addiction and trauma and also family therapists.

Bronwyn uses a process of critical reflection with her supervision clients and believes that creating a package for staff in organisations such as this provides additional benefits toward building best practice in service delivery.

Supervision packages for human service organisations

Three to five staff \$110.00 + GST (10.00) per person for one hour for six individual sessions annually

Three to five staff \$60.00 + GST (5.45) per person for facilitated peer supervision sessions for each alternate month for six sessions annually.

Three to five staff \$60.00 + GST (5.45) per person for one or more training sessions for ninety minutes annually.

Five to ten staff \$100.00 + GST (9.09) per person for one hour for six individual sessions annually

Five to ten staff \$50.00 + GST (4.55) per person for facilitated peer supervision sessions for each alternate month annually (a total of six peer supervision sessions per year).

Five to ten staff \$50.00 + GST (4.55) per person for one or more training sessions for ninety minutes annually.

(For more than 10 staff a further \$10.00 reduction per person applies).

Benefits to human service organisations

- These packages are a supervision system that provides professional development and organisational continuity for staff,
- The provision of a model of critical reflective practice arising from the consistent supervision process with all staff translates to the models ongoing use in staff's day to day practice,
- More relevant training needs may be identified by the supervisor due to a consistent and focused engagement in a supervision context with staff over time.
- Organisational cost effectiveness.
- Outsourcing supervision may provide additional objectivity and a further capacity for staff to explore and resolve difficult workplace issues.
- Creating a strong supervision system may contribute further too strategic planning in organisations to meet quality assurance requirements.

The package configuration can be redesigned based on the needs of your service, for instance training may be dropped or all sessions could be individual rather than substituting peer sessions in alternate months among the few possible designs. All costing is at the per person rate mentioned.

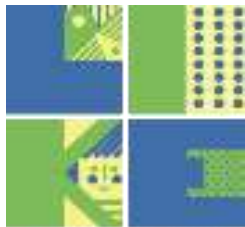
Arrangements

It is suggested that an agreement forms the basis of the arrangement between Like Mental health and the organisation for a twelve month period. Though the agreement can end at any time, having one does provide an annual projection of the organisation,s supervision requirements and clarifies cross commitments.

A no fee one hour consultation session is provided for interested organisations to meet Bronwyn and to discuss further your organisations needs.

Sincerely

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Working toward communities of care and mental wellness.



Bronwyn Morris