



## CJ'S SWIM CLUB

### LC Preparation Meet – The Clem Jones Memorial Carnival

Sunday 8<sup>th</sup> September, 2019

Clem Jones Centre, 56 Zahel St, Carina

- TIME:** Junior Session – 8:30am Racing (warm up 7:45am)  
Senior Session – TBA when timeline available
- AGE:** As at 8<sup>th</sup> September 2019. Minimum age 8 yrs. Open events min. 11 yrs.
- ELIGIBILITY:** Open to all swimmers registered with Swimming Queensland as 'Competitive' swimmers and who are members of the following affiliated clubs (as per Brisbane Swimming club allocation list:
- |                     |                    |                  |                   |
|---------------------|--------------------|------------------|-------------------|
| Ambrose Treacy      | Bellbowrie         | Brisbane Grammar | Brisbane Jets     |
| Carina Leagues CJ's | Centenary Dolphins | Churchie         | CYMS St Edmund's  |
| Graceville          | Holland Park       | Indooroopilly    | Ipswich Vikings   |
| Ironside            | Ithaca Creek       | Jamboree Heights | Karalee           |
| Rackley (East)      | Rosewood           | Somerville House | St Peters Western |
| TSA Brisbane        | UQ                 | Western Aquatics | Yeronga Park      |
- EVENTS:** All events to be swum as timed finals as per the attached Program of Events.
- Multi Class swimmers welcome in all events. There will be no individual Multi-class events.

**MEDALS:** Medals will be awarded to the fastest three placegetters in each age group for all events (8, 9, 10, 11, 12, 13, 14, 15 & Over).

\*\$50 Cash prize to be awarded to the fastest placegetter in events 3 & 4 (50m Free)

\$100 Cash prize to be awarded to the fastest placegetter in events 43 & 44 (100m Freestyle).

**NOMINATION FEE:** \$8 per event. Nominations to be made via Swim Central.

**CLOSING DATE:** 23.59pm Monday 26<sup>th</sup> August 2019

**RULES:** This meet will be conducted under SQ/SAL Rules. No rule tolerances will apply.

**GENERAL:** The Clem Jones Centre has a well-equipped Kiosk onsite providing hot and cold food and drink.

Meet entry list, timeline guide and timekeeping roster will be emailed.

All Clubs will be required to supply timekeepers based on the number of nominated swimmers. The number of timekeepers will be based on the number of nominated swimmers.

ALL Clubs with nominated swimmers in distance events are required to provide timekeepers and lap counters for these events.

Meet program will be available on the CJ's website for download.

[www.carinaleaguescjssc.com.au](http://www.carinaleaguescjssc.com.au)

Coaches will receive a Meet Program on entry plus a lunch voucher.

For further information, please contact:

Sara Carroll: -[clcjsracesec@gmail.com](mailto:clcjsracesec@gmail.com)

**We look forward to welcoming you and your club to the Annual Clem Jones Memorial Carnival!**

## PROGRAM OF EVENTS

### SESSION 1 – JUNIOR SESSION

Warm Up – 7:45am

Competition – 8:30am

BOYS EVENTS	EVENT DESCRIPTION	GIRLS EVENTS
1	9 – 11 Years 200m Individual Medley	2
<b>3</b>	<b>8 – 11 Years 50m Freestyle</b>	<b>4</b>
5	9 – 11 Years 100m Backstroke	6
<b>7</b>	<b>8 – 11 Years 50m Breaststroke</b>	<b>8</b>
9	9 – 11 Years 100m Butterfly	10
<b>11</b>	<b>8 – 11 Years 50m Backstroke</b>	<b>12</b>
13	9 – 11 Years 100m Breaststroke	14
<b>15</b>	<b>8 – 11 Years 50m Butterfly</b>	<b>16</b>
17	8 – 11 Years 100m Freestyle	18
<b>19</b>	<b>9 – 11 Years 200m Freestyle</b>	<b>20</b>

## SESSION 2 – SENIOR SESSION

COMPETITION – TBA when Timeline available

MEN'S EVENTS	EVENT DESCRIPTION	WOMEN'S EVENTS
<b>21</b>	<b>Open 400m Freestyle</b>	<b>22</b>
23	Open 200m Butterfly	24
<b>25</b>	<b>12 Yrs &amp; Over 50m Freestyle</b>	<b>26</b>
27	12 Yrs & Over 100m Breaststroke	28
<b>29</b>	<b>Open 200m Freestyle</b>	<b>30</b>
31	12 Yrs & Over 50m Butterfly	32
<b>33</b>	<b>Open 200m Individual Medley</b>	<b>34</b>
35	Open 200m Breaststroke	36
<b>37</b>	<b>12 Yrs &amp; Over 100m Butterfly</b>	<b>38</b>
39	12 Yrs & Over 50m Breaststroke	40
<b>41</b>	<b>Open 200m Backstroke</b>	<b>42</b>
43	12 Yrs & Over 100m Freestyle	44
<b>45</b>	<b>12 Yrs &amp; Over 50m Backstroke</b>	<b>46</b>
47	Open 400m Individual Medley	48
<b>49</b>	<b>12 Yrs &amp; Over 100m Backstroke</b>	<b>50</b>
51	Open 800m Freestyle	52
<b>53</b>	<b>Open 1500m Freestyle</b>	<b>54</b>