

# Transition to Leadership Programs



**Transition to Leadership** requires stepping up to the leadership mark and changing some ways in which you communicate and relate to colleagues roles, even when you're a technically competent worker in the same workplace. Many leaders quickly discover the rewards and challenges of this transition, namely the *people and behaviour management* side of things. YES can provide practical training, conversation tools and tips for leaders who are facing 'people management' for the first time.

**Training Workshops & 1:1 Coaching** programs can be tailored to your workplace scenarios and typically cover these topics:

- Attributes and skills of effective leaders – driving wellbeing, culture and performance
- Development plans for you as a leader – growth and resilience mindsets
- Mentoring and connecting with your team members 1:1 as their leader versus peer
- Balancing relationships and tasks – focus on people and performance at the same time
- Practical and supportive leadership behaviours that build trust, engagement and morale
- Dealing with stress, frustration and emotions in team members
- Early intervention conflict management and constructive feedback conversations
- Proactive Performance and Wellbeing Management as a key to risk management
- Making the time for self-care, team-care and relationships (not just tasks and deadlines)
- Dealing with difficult behaviours and challenging conversations
- Handy conversation tools and models to guide you as a leader